

YYCR KUNG FU KYUON



**LEARN SELF DEFENSE WHILE DEVELOPING
CONFIDENCE, DISCIPLINE, COORDINATION AND STRENGTH**

Beginners 5 years to adults

(parents free with students 5-7 years old)

• Fridays • 5:15pm-6:00pm • Aviary • \$25 per month

Intermediate & advanced • Fridays • 6:00pm-7:15pm

• Aviary • \$40 per month

• For more information & to register:

contact Sifu Nic Lacy at nlacy626@hotmail.com