Scripps Ranch Swim and Racquet Club present:

Presidents Day Schedule

7:30am **Zumba**

8:30am **Spin**

9:00am Aqua Fit

9:30am Tabata Plus Core

10:30am **Spin**

4:15pm **Spin**

5:15pm **MaxBurn**

6:10pm Yoga

Ruth

Alicia

Theresa

Shauna

Shauna

Jamie

Jamie

Judi







"When in doubt, work your heart out!"

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