

Fit-X San Diego presents:

BOOT CAMP

TUESDAYS & THURSDAYS

12:30 TO 1:15P.M.



Meet Rudy in the Group Fitness Room
\$9 per session per person

*Free Truestar protein shakes for first two weeks
*When you pre-register online or pre-pay Rudy in person.

Questions? Contact Rudy Spencer at rudy@fitxsandiego.com

- Reserve and pay for your session conveniently at www.fitxsandiego.com/SRSRC
Look for the "Add to Cart" button next to the link for this training.
- Cancellations received after 24 hours preceding the session and no-shows will not be refunded.
- **A Minimum of 4 participants is required for session to be held. Maximum is 12.**



Fit-X San Diego: Your Authorized Fitness Provider!



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#SRSRCfitx

Look for Fit-X Fitness Here:



Find your fitness schedule online at
Fitxsandiego.com/SRSRC